

ELECTRICAL CONTRACTORS ASSOCIATION OF ONTARIO
2011 INDUSTRY CONFERENCE, MARCH 19-26
JW MARRIOTT GUANACASTE RESORT & SPA, GUANACASTE, LIBERIA, COSTA RICA

Optional Events

Cartagena Canopy Tour (Half Day)
Monday, March 21, 2011 (1:15 p.m. - 5:15 p.m.)

You'll begin a short journey through several small villages. These settlements will give you the chance to combine adventure with culture as you arrive to the site where the canopy experience begins. Using special safety equipment, you'll travel through the treetops and river banks, between platforms set high above the ground. At each platform you'll be able to stop, rest and take in the gallery that this tropical dry forest offers. If Mother Nature cooperates, even howler monkeys might share this unforgettable experience with you.



Price: \$70.00 CAD per person

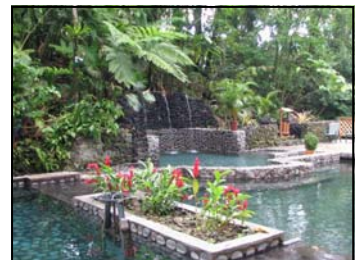
Includes: Air-conditioned transportation, bilingual guide, equipment for canopy tour and entrance fee.

What to Bring: Long pants, light clothing, insect repellent and camera.

Arenal Volcano & Coter Rainforest Tour
Tuesday March 22, 2011 (7:00 a.m. - 9:00 p.m.)



Leaving the hotel early in the morning, you'll enjoy the gorgeous landscapes that surround Lake Arenal before arriving at Coter Forest Reserve. There, you'll take a relaxing walk with a naturalist guide, who will offer the perfect introduction to our tropical rain forests. Along the path you'll be able to spot and learn about different types of trees and the rich flora that comprise these forests. After the walk, you'll enjoy a delicious lunch in the Ecolodge. In the afternoon, you will continue to a Hot Spring place, where you can bathe in thermal waters set amid manicured tropical gardens. Imposing Arenal Volcano looms in the background, keeping everyone's attention by offering frequent eruptions. Early in the evening you'll start heading back to Guanacaste.



Price: \$140.00 per person

Visit www.ecao.org for program updates!

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Optional Events

Includes: Air-conditioned transportation, bilingual guide, entrance to the hot springs, lunch and dinner.

What to Bring: Comfortable shoes, sweater or light jacket, insect repellent, camera, bathing suit and extra changing clothes.

Tour to Nicaragua

Tuesday, March 22, 2011 (7:00 a.m. - 6:00 p.m.)



After crossing the Nicaraguan border, the gorgeous vistas of Maderas and Concepción volcanoes will grace your eyes. The volcanoes are located on one of the largest freshwater islands in the world. Later, you'll visit one of Nicaragua's most active craters, on Masaya Volcano. There, you can enjoy the geological beauty and admire the vegetation that surrounds the area.

Afterwards, you'll stop for shopping at Masaya's indigenous market, where you can find some of the region's finest handicrafts. From there you'll move to Granada, where you'll step back in time. This is Central America's oldest European-founded city. More than 20 colonial-era churches sit throughout the city of centuries-old colonial buildings.



Price: \$155.00 per person

Includes: Private transportation, English speaking tour guide, migration fees, departure tax from Nicaragua, entrance fee to Masaya Volcano, light breakfast and lunch.

What to Bring: Passport, comfortable shoes, light clothing, insect repellent, camera.

ATV Tour

Wednesday, March 23, 2011 (1:00 p.m. - 4:00 p.m.)

Set out to explore the beach, forest and mountains on this 2 ½ hour ATV tour. Situated in the beach town of Tamarindo - which lies within the legendary Guanacaste region - this tour provides an exhilarating and adventurous way to explore the natural beauty that Costa Rica is known for. The tour will lead you along the stunningly beautiful beaches of Tamarindo, Langosta and Avellanas, and then take you up



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Optional Events

into the mountains, where you'll pass a number of gorgeous trees, including Guanacaste, Pochote and Teak trees. If your eyesight is keen, you might even be able to spot monkeys, birds, or armadillos hanging about one of the trees. As a tour member, you'll also be introduced to traditional life in the small towns of Hatillo, El Trapiche and Guatemala, and will end at the tour company's small private farm.

Price: \$125.00 per person

Includes: ATVs, safety helmets, guide, and roundtrip transportation.

What to Bring: Comfortable clothing, swimming suit, towel, sneakers/water shoes, insect repellent, and camera.

Rincon de la Vieja Canyon Tour

Thursday, March 24, 2011 (9:00 a.m. - 5:30 p.m.)



A combination of nature and action - this tour is designed for people who love challenging themselves in a natural environment: canopy (zip lines) over a canyon, rappelling, wall climbing, Tarzan swinging (from side to side), horseback riding and a refreshing bathe in a very clean and clear river (depending on weather conditions). A beautiful transitional tropical forest will always surround you. You do not want to miss it!

Price: \$140.00 per person

Includes: A/C transportation, bilingual guide, entrance fee for activities, equipment and lunch.

What to bring: Camera, hat or cap, extra change of clothes, bathing suit, towel, sunscreen, hiking shoes, long pants. Passengers must sign a waiver.

Optional Events

Palo Verde National Park Boat Tour
Thursday, March 24, 2011 (9:00 a.m. - 3:30 p.m.)

A trip along the Tempisque and Bebedero Rivers will take us to Palo Verde National Park. Mangroves abound. The best bird watching for aquatic species, right here! The park is favored by many migratory birds as they escape the cold winters in North and South America. At the same time, the area's density gives it a rich mix of mammal, amphibian and reptile life, including the famous crocodiles. An expert naturalist guide will explain all the facets of the park, which simply by itself is a great oasis of Guanacaste's plains. At the end of your river trip, you'll stop at the river's edge to have lunch at a picnic spot. After lunch you'll begin the return to the hotel, passing through peaceful villages along the way.



Price: \$85.00 per person

Includes: Air-conditioned transportation, bilingual guide, boat trip and lunch.

What to Bring: Light clothing, visor or hat, camera, binoculars (if available) and sunscreen.

***REGISTRATION IS ON A FIRST-COME, FIRST-SERVED BASIS.
EVENTS MAY BE CANCELLED IF MINIMUMS ARE NOT MET.
EVENTS MAY ALSO NOT BE AVAILABLE IF MAXIMUMS ARE REACHED.
PLEASE RETURN REGISTRATION FORM BY JANUARY 31, 2011.***

